HIGH SCHOOL

# CELEBRATING
## THROUGH THE PHASES

Ideas to help you celebrate what is good right now.

Your high schooler is developing their own style and becoming independent. Celebrating who they're becoming today will help you mobilize their potential to become who they're meant to be.

There are birthdays and special holidays, but don't forget to celebrate some of the everyday moments. Here are some fun moments and celebration ideas to get you started:

**Making a wise choice**

Let them plan a party. They're all about friends and food, so talk about a budget (and boundaries) together. Let your teen build the invite list, and let the party begin!

**Working hard on an assignment** (even if they fall short)
Take them to breakfast and tell them how proud you are of them.

**Showing character** (like initiative)
Take them on a one-on-one date to their favorite place. Let them know about a few of the great traits you've noticed.

**Acts of service** (like helping someone in need)
Leave a note on their bedroom door telling them what you love about them.

**Just because!** Surprise them something small—like their favorite candy bar or gift certificate to their favorite store.
Tell them, "It's just because!"

PARENT CUE

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